

## CFC2 OVERALL

	TEAM MEMBER 1	TEAM MEMBER 2	WOD1&2	WOD3	TOTAL	RX'd	GROUP RANK	OVERALL RANK
All M	Chad Action Brandt	brOPT	1830	1235	-595	rx'd	1	1
	Pierre	Chris Miller	1601	1344	-257	rx'd	2	2
	Tyler Pridham	Geoff Rainsford	1477	1662	185	rx'd	3	3
	Francis	Chad	1429	1635	206	rx'd	4	4
	Cory	Ian MacLeod	1335	1566	231	rx'd	5	5
	Shawn Stachiw	Alvaro Vasquez	1318	1589	271	rx'd	6	6
	Dave Slaght	JP Lachance	1444	1800	356	rx'd	7	7
	Pavel Sedach	Juan Arandeda	850	1800	950	rx'd	8	13
All F	Chelsea	Krista	1139	1516	377	rx'd	1	8
	Lisa Glenn	Laura Polonich	743	1800	1057	scaled	2	14
	Amy Lafleche	Megan Adams	697	1800	1103	scaled	3	15
M/F	Katie	Hughie	1235	1714	479	rx'd	1	9
	Gina Arsenault	John Sidhu	1018	1545	527	scaled	2	10
	Kelly Smith	Nancy	1107	1800	693	rx'd	3	11
	Jeff L	Karen L	909	1800	891	scaled	4	12

**CFC2 WOD1 DEADLIFT and WOD2 "RHIANNON"**

	TEAM MEMBER 1	TEAM MEMBER 2	DEADLIFT 1	DEADLIFT 2	TOTAL DU's	TOTAL	WODs 1&2 GROUP RANK	WODs 1 & 2 OVERALL RANK
All M	Chad Action Brandt	brOPT	435	435	960	1830	1	1
	Pierre	Chris Miller	390	375	836	1601	2	2
	Tyler Pridham	Geoff Rainsford	435	555	487	1477	3	3
	Dave Slaght	JP Lachance	340	335	769	1444	4	4
	Francis	Chad	315	515	599	1429	5	5
	Cory	Ian MacLeod	415	335	585	1335	6	6
	Shawn Stachiw	Alvaro Vasquez	425	295	598	1318	7	7
	Pavel Sedach	Juan Arandeda	475	315	60	850	8	13

All F	Chelsea	Krista	250	255	634	1139	1	9
	Lisa Glenn	Laura Polonich	220	260	263	743	2	14
	Amy Lafleche	Megan Adams	245	180	272	697	3	15

M/F	Katie	Hughie	295	395	545	1235	1	8
	Kelly Smith	Nancy	315	210	582	1107	2	10
	Gina Arsenault	John Sidhu	255	385	378	1018	3	11
	Jeff L	Karen L	325	270	314	909	4	12

CFC2 WOD3 "CHIPPER"

	TEAM MEMBER 1	TEAM MEMBER 2	TIME	TIME IN SECONDS	WODs 3 GROUP RANK	WODs 3 OVERALL RANK	
All M	Chad Action Brandt	brOPT	rx'd	20 : 35	1235	1	1
	Pierre	Chris Miller	rx'd	22 : 24	1344	2	2
	Cory	Ian MacLeod	rx'd	26 : 06	1566	3	5
	Shawn Stachiw	Alvaro Vasquez	rx'd	26 : 29	1589	4	6
	Francis	Chad	rx'd	27 : 15	1635	5	7
	Tyler Pridham	Geoff Rainsford	rx'd	27 : 42	1662	6	8
	Dave Slaght	JP Lachance	rx'd	30 : 00	1800	7	10
	Pavel Sedach	Juan Arandeda	rx'd	30 : 00	1800	7	10
All F	Chelsea	Krista	rx'd	25 : 16	1516	1	3
	Amy Lafleche	Megan Adams	scaled	30 : 00	1800	2	10
	Lisa Glenn	Laura Polonich	scaled	30 : 00	1800	2	10
M/F	Gina Arsenault	John Sidhu	scaled	25 : 45	1545	1	4
	Katie	Hughie	rx'd	28 : 34	1714	2	9
	Kelly Smith	Nancy	rx'd	30 : 00	1800	3	10
	Jeff L	Karen L	scaled	30 : 00	1800	3	10